



## WHY MEASURE MPOD?

Macular pigment optical density (MPOD) measurement is an important factor in evaluating macular health as part of a larger, more comprehensive retinal exam. Experts like Stuart Richer, OD, PhD\* utilize MPOD measurement to:

- Establish a baseline for ocular nutrition therapy
- Monitor patient adherence and nutritional therapy success
- Identify patients susceptible to age-related eye health concerns due to inadequate protection against blue light and free radical exposure to the photoreceptors and retinal pigment epithelium (RPE) cells

It is estimated that 78% of the U.S. population has suboptimal macular pigment protection. Given this, MPOD measurement should be considered standard practice in a patient's macular health assessment, particularly as an identifiable risk for age-related eye health.

### Guaranteed to Increase MPOD!

EyePromise® is the only eye health nutraceutical guaranteed to increase MPOD in 6 months. The MPOD guarantee can be measured and monitored with the QuantifEye® MPS II instrument.



\*The Value of Measurement of Macular Carotenoid Pigment Optical Densities and Distributions in Age-Related Macular Degeneration  
(Bernstein, Delori, Richer, van Kuijk, Wenzel, et. al. – Vision Research, 2010)

- It is possible to identify individuals at reduced, medium and elevated risk for age-related eye health concerns based on MPOD levels.
- “There is increasing recognition that the optical and antioxidant powers of the carotenoids lutein and zeaxanthin play an important role in maintaining the health and function of the human macula.”

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# THE INDUSTRY-STANDARD MACULAR PIGMENT OPTICAL DENSITY MEASUREMENT INSTRUMENT

The QuantifEye MPS II measures a patient's MPOD with scientifically-validated technology and results. Using the QuantifEye MPS II, eye care professionals can determine MPOD protection and long-term eye health more accurately.

Designed for clinical use, the instrument has a small footprint and offers a simple, efficient way to evaluate a patient's macular health. With a 2-minute, monocular test, there is little time added in the lane. Other benefits of the QuantifEye MPS II include:



- Accurate and repeatable test results
  - ❖ Macular Pigment Optical Density: Repeatability, Inter-eye Correlation and Effect of Optical Dominance  
(Davey, et. al., College of Optometry, Western University of Health Sciences, Clinical Ophthalmology, August 2016)
- Central and peripheral testing capabilities
  - ❖ Macular pigment measurement in clinics: controlling the effect of the aging media  
(M. Makridaki, D. Carden and I. J. Murray, Ophthalmic and Physiological Optics, College of Optometrists, 2009)
- A data quality index feature that confirms the accuracy of each test

## Other Scientific Support

**We found high agreement between test and retest measurements of QuantifEye MPS II and the fundus reflectance method.**

- Desktop Macular Pigment Optical Density Measurement: A New Approach Based on Heterochromatic Flicker Photometry  
(Berendschot, et. al. – E, volume 25,)

**MPOD was measured with the QuantifEye instrument and the method demonstrated good repeatability of 97%.**

- A New Desktop Instrument for Measuring Macular Pigment Optical Density (Van Der Veen, et. al. - Ophthalmology and Physiological Optics, 2009)

*"I was a very early adopter of QuantifEye MPOD measurement in my practice. I quickly realized that MPOD testing is a very valuable, if not critical, clinical tool for detecting low levels of macular pigment density and identifying the population at risk for [aging eye health concerns], as well as giving the clinician the ability to follow the progress of [nutrition] plans."*

— John Herman, OD, FAAO



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